[**1**](https://www.betezion.com/bible-passage-adis?book=eph&chap=1&v=tig)ጳውሎስ፡ ብፍቓድ ኣምላኽ ሃዋርያ ክርስቶስ የሱስ፡ ነቶም ኣብ ኤፌሶን ዘለዉ ቅዱሳንንብክርስቶስ የሱስ እሙናትን፥

[**2**](https://www.betezion.com/bible-passage-adis?book=eph&chap=1&v=tig)ካብ እግዚኣብሄር ኣቦናን ካብ ጐይታና የሱስ ክርስቶስን ጸጋን ሰላምን ምሳኻትኩም ይኹን።

[**3**](https://www.betezion.com/bible-passage-adis?book=eph&chap=1&v=tig)እቲ ብመንፈሳዊ በረኸት ዘበለ ብክርስቶስ ገይሩ ኣብ ሰማያት ዝባረኸና ኣምላኽን ኣቦጐይታና የሱስ ክርስቶስን ብሩኽ ይኹን።

[**4**](https://www.betezion.com/bible-passage-adis?book=eph&chap=1&v=tig)ከምቲ ብፍቕሪ ኣብ ቅድሚኡ ቅዱሳንን መንቕብ ዜብሎምን ምእንቲ ኽንከውን፡ ቅድሚምስራት ዓለም ብእኡ ዝሐረየና፡

[**5-6**](https://www.betezion.com/bible-passage-adis?book=eph&chap=1&v=tig)በቲ ፍቁር ብእኡ ዝጸገወና፡ ንውዳሴ ኽብሪ ጸጋኡ ብፍታው ፍቓዱ ብየሱስ ክርስቶስ ንርእሱውሉድ ክንኰኖ ቐደም መደበና።

[**7**](https://www.betezion.com/bible-passage-adis?book=eph&chap=1&v=tig)ብእኡ ብደሙ ምድሓን፡ ማለት፡ ከምቲ ሃብቲ ጻጋኡ ሕድገት ሓጢኣት አሎና።

[**8-10**](https://www.betezion.com/bible-passage-adis?book=eph&chap=1&v=tig)ከምቲ ብእኡ ዝመደቦ ስምረቱ፡ ነቲ ምስጢር ፍቓዱ እናኣፍለጠና፡ ነቲ ናይ ምልኣትዘመናት መጋቢነቱ፡ ኣብ ሰማይ ዘሎን ኣብ ምድሪ ዘሎን፡ ኣብ ክርስቶስ ምእንቲ ኺጥቕለልሲ፡ብዅሉ ጥበብን ብዅሉ ኣእምሮን ነዚ ጸጋኡ ኣባና ኣውሐዞ።

[**11-12**](https://www.betezion.com/bible-passage-adis?book=eph&chap=1&v=tig)ንሕና ቐደም ብክርስቶስ ተስፋ ዝገበርና ንውዳሴ ክብሩ ምእንቲ ኽንከውን፡ ንሕና በቲ ዅሉ ኸምቲ ምኽሪ ፍቓዱ ብሓሳብ ዚገብር ቀደም እተመደብና፡ ነቲ ዕድል ርስቲ ብእኡ ረኸብናዮ።

[**13**](https://www.betezion.com/bible-passage-adis?book=eph&chap=1&v=tig)ንስኻትኩምውን ብእኡ ቓል ሓቂ፡ ናይ ምድሓንኩም ወንጌል፡ ምስ ሰማዕኩም ብኡውን ምስኣመንኩም፡ ብናይ ተስፋ መንፈስ ቅዱስ ተሐተምኩም።

[**14**](https://www.betezion.com/bible-passage-adis?book=eph&chap=1&v=tig)ንሱ ንምድሓን ጥሪቱ፡ ንውዳሴ ኽብሩ፡ ዕርቡን ርስትና እዩ።

[**15**](https://www.betezion.com/bible-passage-adis?book=eph&chap=1&v=tig)ስለዚ ኸኣ ኣነ እታ ብጐይታና የሱስ ኣባኻትኩም ዘላ እምነትን ንዅሎም ቅዱሳን ዘሎኩምፍቕርን ምስ ሰማዕኩ፡

[**16**](https://www.betezion.com/bible-passage-adis?book=eph&chap=1&v=tig)ብጸሎተይ እናዘከርኩኹም ከየብኰርኩ ስሌኹም ኤመስግን አሎኹ።

[**17**](https://www.betezion.com/bible-passage-adis?book=eph&chap=1&v=tig)ኣምላኽ ጐይታና የሱስ ክርስቶስ ኣቦ ኽብሪ ብፍልጠቱ መንፈስ ጥበብን መንፈስ ምግላጽንምእንቲ ኺህበኩም፡

[**18**](https://www.betezion.com/bible-passage-adis?book=eph&chap=1&v=tig)እሞ ኣዒንቲ ልብኹም በሪሁ፡ ተስፋ ጽውዓኡ እንታይ ምዃኑ፡ ሃብቲ ርስቲ ኽብሩ ኣብቅዱሳንውን እንታይ ምዃኑ ኽትፈልጡ፡ እጽሊ አሎኹ።

[**19-21**](https://www.betezion.com/bible-passage-adis?book=eph&chap=1&v=tig)ኣምላኽ ንክርስቶስ ካብ ምዉታት ኣተንሲኡ፡ ኣብ የማኑ ኣብ ሰማያት ምስ ኣቐመጦ፡ ኣብታ እትመጽእውን እምበር፡ ኣብዛ ዓለም እዚኣ ጥራይ ዘይኰነ፡ ኣብ ልዕሊ ዅሉ ሽመትንስልጣንን ሓይልን ጐይትነትን ዚስመ ዘበለ ስምን ምስ ኣርኣሶ፡ ነቲ ሕልፊ ዘለዎ ዓብዪ ሓይሊኣባና እንኣምን ዘሎና ኸም ስልጣን ሓይሉ ኣብ ክርስቶስ ዝገበሮ ግብሪ ንስኻትኩም እንታይ ምዃኑ ኽትፈልጥዎ፡ እጽልየልኩም አሎኹ።

[**22**](https://www.betezion.com/bible-passage-adis?book=eph&chap=1&v=tig)ንብዘሎ ኸኣ ኣብ ትሕቲ ኣእጋሩ ኣግዝኦ፡ ኣብ ልዕሊ ዅሉስ ርእሲ ምእንቲ ኪኸውን ድማ፡ ነታ ማሕበር ወፈዮ።

[**23**](https://www.betezion.com/bible-passage-adis?book=eph&chap=1&v=tig)ንሳ ኸኣ ስጋኡ ናይቲ ዅሉ ኣብ ኵሎም ዚመልእ ምልኣቱ እያ።

[**1-2**](https://www.betezion.com/bible-passage-adis?book=eph&chap=2&v=tig)ንስኻትኩም ቀደም ከም ንብረት እዛ ዓለም እዚኣ፡ ከምቲ መንፈሱ ሕጂ ኣብቶም ደቂዘይምእዛዝ ዚገብር ዘሎ ሓለቓ ስልጣን ኣየር እተመላለስኩም፡ ብበደልኩምን ብኣበሳኹምንምዉታት ዝነበርኩም፡ ንኣኻትኩም ህያዋን ገበረኩም።

[**3**](https://www.betezion.com/bible-passage-adis?book=eph&chap=2&v=tig)ንሕና ዅላትና ኸኣ ነቲ ናይ ስጋን ናይ ሓሳባትን ድሌት እናገበርና፡ ቀደም ብትምኒት ስጋናምሳታቶም ንነብር ነበርና፡ ከምቶም ካልኦትውን ብባህርይና ደቂ ቝጥዓ ነበርና።

[**4**](https://www.betezion.com/bible-passage-adis?book=eph&chap=2&v=tig)ግናኸ እቲ ብምሕረት ሃብታም ዝዀነ ኣምላኽ ምእንቲ እታ ብእኣ ዘፍቀረና ዓባይ ፍቕሩ፡

[**5**](https://www.betezion.com/bible-passage-adis?book=eph&chap=2&v=tig)ንኣና፡ ብበደልና ምዉታት ከሎናስ፡ ምስ ክርስቶስ ህያዋን ገበረና፡- ብጸጋ ኢኹምዝደሐንኩም፡

[**6-7**](https://www.betezion.com/bible-passage-adis?book=eph&chap=2&v=tig)ምስኡውን ኣተንስኣና፡ ኣብቲ ዚመጽእ ዘመናት ብሕያውነቱ እቲ ብሉጽ ሃብቲ ጸጋኡብክርስቶስ የሱስ ኣባታትና ምእንቲ ኼርኢ፡ ኣብ ሰማያት ብክርስቶስ የሱስ ምስኡ ኣቐመጠና።

[**8-9**](https://www.betezion.com/bible-passage-adis?book=eph&chap=2&v=tig)ሓደ እኳ ኸይምካሕሲ፡ ካብ ግብሪ ኣይኰነን እሞ፡ ብእምነት ብጸጋ ኢኹም ዝደሐንኩም፡ እዚ ኸኣ ውህበት ኣምላኽ እዩ እምበር፡ ካባኻትኩም ኣይኰነን።

[**10**](https://www.betezion.com/bible-passage-adis?book=eph&chap=2&v=tig)ፍጡራቱ ኢና እሞ፡ ነቲ ኣምላኽ ክንመላለሰሉ ኢሉ ቐደም ዘዳለዎ ሰናይ ግብሪ ብክርስቶስየሱስ እተፈጠርና ኢና።

[**11**](https://www.betezion.com/bible-passage-adis?book=eph&chap=2&v=tig)ስለዚ ኸኣ፡ ኣቱም ኣህዛብ ብስጋ፡ በታ ኢድ ኣብ ስጋ እትገብራ ግዝረት እትብሀል ቀደምዘይግዝረት ከም እተብሃልኩም፡ ዘክሩ።

[**12**](https://www.betezion.com/bible-passage-adis?book=eph&chap=2&v=tig)በቲ ዘመን እቲ ብዘይ ክርስቶስ ከም ዝነብርኩም፡ ካብ ሕብረት እስራኤል ፍሉያት፡ ነታ ኺዳን ተስፋውን ኣጋይሽ፡ ትጽቢት ዜብሎም፡ ኣብዛ ዓለም እዚኣ ብዘይ ኣምላኽ ከም ዝነበርኩም ዘክሩ።

[**13**](https://www.betezion.com/bible-passage-adis?book=eph&chap=2&v=tig)ሕጂ ግና፡ ኣቱም ቀደም ርሑቓት ዝነበርኩም፡ ንስኻትኩም ብክርስቶስ የሱስ ብደምክርስቶስ ቀረብኩም።

[**14**](https://www.betezion.com/bible-passage-adis?book=eph&chap=2&v=tig)ንሱ ነዞም ክልተስ ሓደ ዝገበረ፡ ነቲ ኣብ መንጎ ዝነበረ ኸልካሊ ቐጽሪውን ዘፍረሰ፡ ሰላምናእዩ እሞ፡

[**15**](https://www.betezion.com/bible-passage-adis?book=eph&chap=2&v=tig)ብርእሱ ዕርቂ እናገበረ፡ ካብዞም ክልተ ሓደ ሓድሽ ሰብ ምእንቲ ኺፈጥር፡ ነቲ ጽልኢ፡ ንሱ ኸኣ ሕጊ ትእዛዝ ብስርዓት፡ ብስጋኡ ስዒሩ፡

[**16**](https://www.betezion.com/bible-passage-adis?book=eph&chap=2&v=tig)ብመስቀሉውን ነቲ ጽልኢ ብእኡ ቐቲሉ፡ ንኽልቲኦም ብሓደ ስጋ ምስ ኣምላኽ ኣተዓረቖም።

[**17-18**](https://www.betezion.com/bible-passage-adis?book=eph&chap=2&v=tig)ንኽልቴና ብእኡ ብሓደ መንፈስ ናብ ኣቦ መእተዊ ስለ ዘሎና ኸኣ፡ ንኣኻትኩምርሑቓት ዝነበርኩም መጺኡ ሰላም ኣበሰረኩም፡ ነቶም ቀረባ ዝነበሩውን ሰላም ኣበሰሮም።

[**19-20**](https://www.betezion.com/bible-passage-adis?book=eph&chap=2&v=tig)እምብኣርሲ ንስኻትኩም ኣብቲ የሱስ ክርስቶስ ባዕሉ እምኒ መኣዝኑ ዝዀነ መሰረትነብያትን ሃዋርያትን እተነደቕኩም፡ ደጊም ደቂ ዓዶም ንቕዱሳንን ስድራ ቤቱ ንኣምላኽን ኢኹም እምበር፡ ኣጋይስን መጻእተኛታትን ኣይኰንኩምን።

[**21**](https://www.betezion.com/bible-passage-adis?book=eph&chap=2&v=tig)ኣብኡ ብዘሎ እቲ ህንጻ ብጐይታ ቅድስቲ ቤተ መቕደስ ምእንቲ ኪኸውን፡ እናተኣሳሰረይዐቢ እዩ።

[**22**](https://www.betezion.com/bible-passage-adis?book=eph&chap=2&v=tig)ንስኻትኩምውን ኣብኡ ማሕደር ኣምላኽ ብመንፈስ ክትኰኑ ሐቢርኩም ትህነጹ አሎኹም።

[**1**](https://www.betezion.com/bible-passage-adis?book=eph&chap=3&v=tig)ስለዚ ኣነ ጳውሎስ፡ ምእንታኹም ኣህዛብ ናይ የሱስ ክርስቶስ እሱር፡

[**2-3**](https://www.betezion.com/bible-passage-adis?book=eph&chap=3&v=tig)ቀደም ኣሕጺረ ኸም ዝጸሐፍኩ፡ እቲ ምስጢር ከመይ ኣቢሉ ብራእይ ከም ዘፍለጠኒብዛዕባ እቲ ስሌኻትኩም እተዋህበኒ መጋቢነት ጸጋ ኣምላኽ ሰሚዕኩምዎ እንተ ዄንኩምሲ፡

[**4**](https://www.betezion.com/bible-passage-adis?book=eph&chap=3&v=tig)ምስ ኣንበብኩምዎ፡ ነቲ ኣብ ምስጢር ክርስቶስ ዘሎኒ ፍልጠት ከተስተውዕልዎ ይዀነልኩም እዩ።

[**5**](https://www.betezion.com/bible-passage-adis?book=eph&chap=3&v=tig)ከምቲ እዚ ሕጂ ነቶም ቅዱሳኑ ሃዋርያቱን ነብያቱን ብመንፈስ እተገልጸሎም ኰይኑ፡ ኣብቶምካልኦት ወለዶ ንደቂ ኣዳም ኣይተፈልጠን።

[**6**](https://www.betezion.com/bible-passage-adis?book=eph&chap=3&v=tig)ማለት፡ ኣህዛብሲ መዋርስቲ፡ ሓደ ስጋ፡ ብወንጌልውን ኣብ የሱስ ክርስቶስ መማቕልቲ ተስፋኸም ዝዀኑ፡

[**7**](https://www.betezion.com/bible-passage-adis?book=eph&chap=3&v=tig)ኣነ፡ ከም ግብሪ ሓይሉ፡ ከምቲ እተዋህበኒ ውህበት ጸጋ ኣምላኽ፡ ኣገልጋሊ ወንጌል ኰንኩ።

[**8**](https://www.betezion.com/bible-passage-adis?book=eph&chap=3&v=tig)ንኣይ፡ ካብ ኵሎም ቅዱሳን ለጠቕ ንዝብል፡ እቲ ዘይምርመር ሃብቲ ክርስቶስ ነህዛብክሰብኽ፡ እዚ ጸጋ እዚ ተዋህበኒ።

[**9**](https://www.betezion.com/bible-passage-adis?book=eph&chap=3&v=tig)እቲ ኣብቲ ዅሉ ዝፈጠረ ኣምላኽ ካብ ዘለኣለም ተሰዊሩ ዝነበረ ምስጢር መጋቢነትውን ከመይ ምዃኑ ንዅሎም ከብርሃሎም ተዋህበኒ።

[**10**](https://www.betezion.com/bible-passage-adis?book=eph&chap=3&v=tig)ኣምላኽ እታ ብዙሕ ዝዓይነታ ጥበብ ሕጂ በታ ማሕበር ገይሩ ነቶም ኣብ ሰማያት ዘለዉሽመታትን ስልጣናትን ምእንቲ ኼፍልጦም፡

[**11**](https://www.betezion.com/bible-passage-adis?book=eph&chap=3&v=tig)ከምቲ ብክርስቶስ የሱስ ጐይታና ዝገበሮ ናይ ዘለኣለም ምኽሩ፡

[**12**](https://www.betezion.com/bible-passage-adis?book=eph&chap=3&v=tig)ሳላ ብክርስቶስ ምእማንና ንሕና ትብዓትን ብእሙንቶ ምእታው ብእኡ አሎና።

[**13**](https://www.betezion.com/bible-passage-adis?book=eph&chap=3&v=tig)ስለዚ፡ ክብረትኩም እዩ እሞ፡ በቲ ምእንታኹም ዝበጽሓኒ ጸበባይ ከይትስልክዩ፡እልምነኩም አሎኹ።

[**14-15**](https://www.betezion.com/bible-passage-adis?book=eph&chap=3&v=tig)ምእንትዚውን ናብቲ ኣብ ሰማያትን ኣብ ምድርን ዘሎ ዅሉ ወለዶታት ካብኡ ዚስመ ኣቦብብርከይ እምብርከኽ አሎኹ።

[**16**](https://www.betezion.com/bible-passage-adis?book=eph&chap=3&v=tig)ብመንፈሱ ኣብቲ ናይ ውሽጢ ሰብ ብሓይሊ ምእንቲ ኽትብርትዑ፡ ከምቲ ሃብቲ ኽብሩኺህበኩም እጽሊ አሎኹ።

[**17**](https://www.betezion.com/bible-passage-adis?book=eph&chap=3&v=tig)ክርስቶስ ኣብ ልብኹም ብእምነት ምእንቲ ኺሐድር፡ ኣብ ፍቕሪ ሱር ሰዲድኩምንተሰሪትኩምን፡

[**18**](https://www.betezion.com/bible-passage-adis?book=eph&chap=3&v=tig)ምስ ኵሎም ቅዱሳን ምግፋሑን ምንዋሑን ምዕማቑን ቍመቱን እንታይ ምዃኑ ምስትውዓልክትክእሉ፡

[**19**](https://www.betezion.com/bible-passage-adis?book=eph&chap=3&v=tig)እሞ ነታ ንፍልጠት ሓለፍ እትብላ ፍቕሪ ክርስቶስ ክትፈልጥዋ፡ ክሳዕ ኵሉ ምልኣትኣምላኽ ምእንቲ ኽትመልኡ፡ እጽሊ አሎኹ።

[**20**](https://www.betezion.com/bible-passage-adis?book=eph&chap=3&v=tig)ግናኸ ከምቲ ኣባና ዚገብር ሓይሊ፡ ካብቲ ንሕና እንልምኖን እንሐስቦን ዘበለ እምብዛኣዕዚዙ ኺገብር ዚከኣሎ፡

[**21**](https://www.betezion.com/bible-passage-adis?book=eph&chap=3&v=tig)ካብ ዘለኣለም ንዘለኣለም ንዅሉ ውሉድ ወለዶታት ኣብታ ማሕበር ብክርስቶስ የሱስ ንእኡኽብሪ ይኹኖ። ኣሜን።

[**1**](https://www.betezion.com/bible-passage-adis?book=eph&chap=4&v=tig)ደጊም ኣነ እሱር ብጐይታ፡ ነቲ እተጸዋዕኩምሉ ጽውዓ ብቑዓት ኴንኩም ክትመላለሱእምዕደኩም አሎኹ።

[**2**](https://www.betezion.com/bible-passage-adis?book=eph&chap=4&v=tig)ብትሕና ዘበለን ብለውሃትን ብህድኣትን ንሓድሕድኩም ብፍቕሪ እናተጻወርኩም፡

[**3**](https://www.betezion.com/bible-passage-adis?book=eph&chap=4&v=tig)ነቲ ሕብረት መንፈስ ብማእሰር ሰላም ጌርኩም ክትሕልውዎ፡ ተጋደሉ።

[**4**](https://www.betezion.com/bible-passage-adis?book=eph&chap=4&v=tig)ከምቲ ብሓንቲ ተስፋ ጽውዓኹም እተጸዋዕኩም ድማ፡ ሓደ ስጋን ሓደ መንፈስን እዩ፡

[**5**](https://www.betezion.com/bible-passage-adis?book=eph&chap=4&v=tig)ሓደ ጐይታ፡ ሓንቲ እምነት፡ ሓንቲ ጥምቀት፡

[**6**](https://www.betezion.com/bible-passage-adis?book=eph&chap=4&v=tig)እቲ ልዕሊ ዅሉን ብዅሉን ኣብ ኵሉን ዘሎ ሓደ ኣምላኽን ኣቦ ዅሉን ንሱ እዩ።

[**7**](https://www.betezion.com/bible-passage-adis?book=eph&chap=4&v=tig)ግናኸ ብመስፈር ውህበት ክርስቶስ ንነፍሲ ወከፍና ጸጋ ተውሂቡ እዩ።

[**8**](https://www.betezion.com/bible-passage-adis?book=eph&chap=4&v=tig)ስለዚ ኸኣ፡ ናብ ላዕሊ ምስ ደየበ፡ ምርኮ ማረኸ ንሰብውን ውህበት ሃበ፡ ይብል።

[**9**](https://www.betezion.com/bible-passage-adis?book=eph&chap=4&v=tig)እዚ፤ ደየበ፡ ዚብል ግና፡ ናብቲ መዓሙቝ ክፍሊ ምድሪውን ምውራዱ እንተ ዘይኰይኑስ፡ እንታይ ማለት እዩ፧

[**10**](https://www.betezion.com/bible-passage-adis?book=eph&chap=4&v=tig)እቲ ዝወረደ፡ ንዅሉ ምእንቲ ኺመልእ፡ ልዕሊ ዅሉ ሰማያት ዝደየበውን ንሱ እዩ።

[**11-13**](https://www.betezion.com/bible-passage-adis?book=eph&chap=4&v=tig)ኵላትና ናብ ሕብረት እምነት፡ ናብ ፍልጠት ወዲ ኣምላኽ፡ ናብ እኹል ሰብኣይ፡ ናብ ልክዕ ምልኣት ብጽሕና ክርስቶስ ክሳዕ እንበጽሕ፡ እቶም ቅዱሳን ነቲ ግብሪ ኣገልግሎት ንምህናጽስጋ ክርስቶስ ምሉኣት ምእንቲ ኪዀኑ ኢሉ፡ ንሱ ገሊኦም ሃዋርያት ገሊኦም ድማ ነብያት፡ገሊኦም ከኣ ወንጌላውያን፡ ገሊኦምውን ጓሶትን መምህራንን ኪዀኑ ሀበ።

[**14**](https://www.betezion.com/bible-passage-adis?book=eph&chap=4&v=tig)ድሕሪ ሕጂ ንሕና በቲ ኻብቲ ብምጥባር ሰብን ንምፍሓስ ስሕተት ዚኸውን ተንኰልን ዚመጽእ ናይ ትምህርቲ ዅሉ ንፋስ ንየው ነጀው እንድፋእን እንኽብከብን ቈልዑ ምእንቲኸይንኸውንሲ፡

[**15**](https://www.betezion.com/bible-passage-adis?book=eph&chap=4&v=tig)ብፍቕሪ ንሓቂ እናሰዓብና፡ ናብቲ ርእሲ ዝዀነ ክርስቶስ ንዕበ።

[**16**](https://www.betezion.com/bible-passage-adis?book=eph&chap=4&v=tig)ብዘሎ እቲ ስጋ ብደገፍ እቲ መመላገቢኡ እናተታሓሐዘን እናተኣሳሰረን፡ ብመጠን እቲነንኽፍሉ እተመደበሉ ግብሪ ብፍቕሪ ምእንቲ ኺህነጽሲ፡ ካብ ክርስቶስ እዩ ምዕባይ ዚረክብ።

[**17**](https://www.betezion.com/bible-passage-adis?book=eph&chap=4&v=tig)እምበኣርሲ ኸምቲ ኣህዛብ ብናይ ክንቱ ሓሳቦም ዚመላለስዎ ኸይትመላለሱ፡ እዚ እብልብጐይታውን እምስክር አሎኹ።

[**18**](https://www.betezion.com/bible-passage-adis?book=eph&chap=4&v=tig)ንሳቶም፡ ብሰሪ ትሪ ልቦምን ብሰሪ እቲ ኣባታቶም ዘሎ ድንቍርናን ኣእምሮኦም ጸልሚቱ፡ ካብ ህይወት ኣምላኽ ርሒቖም፡

[**19**](https://www.betezion.com/bible-passage-adis?book=eph&chap=4&v=tig)ድንዙዛት ኰይኖምውን ብስስዔ ርኽሰት ዘበለ ንምግባር ናብ ዕብዳን ተለቁ።

[**20**](https://www.betezion.com/bible-passage-adis?book=eph&chap=4&v=tig)ንስኻትኩም ግና ንክርስቶስ ከምዚ ጌርኩም ኣይተመሃርኩምዎን።

[**21**](https://www.betezion.com/bible-passage-adis?book=eph&chap=4&v=tig)እታ ሓቂ ኣብ የሱስ ከም ዘላ ሰሚዕኩምዋን ኣብኡ ተምሂርኩምዋን እንተ ዄንኩምሲ፡

[**22**](https://www.betezion.com/bible-passage-adis?book=eph&chap=4&v=tig)ነቲ ቐደም እተመላለስኩምሉ፡ ብትምኒት ስሕተት ዚጠፍእ ኣረጊት ሰብ ቀንጢጥኩም፡

[**23**](https://www.betezion.com/bible-passage-adis?book=eph&chap=4&v=tig)በቲ ናይ ኣእምሮኹም መንፈስ ክትሕደሱ እሞ፡

[**24**](https://www.betezion.com/bible-passage-adis?book=eph&chap=4&v=tig)እቲ ብናይ ሓቂ ጽድቅን ቅድስናን ብመልክዕ ኣምላኽ እተፈጥረ ሓድሽ ሰብ ልበሱ።

[**25**](https://www.betezion.com/bible-passage-adis?book=eph&chap=4&v=tig)ስለዚ ኸኣ ንሓሶት ንየው በልዎ፡ ኣካል ሓድሕድ ኢና እሞ፡ ነፍሲ ወከፍ ምስ ብጻዩ ሓቂተዛረቡ።

[**26**](https://www.betezion.com/bible-passage-adis?book=eph&chap=4&v=tig)ኰርዩ ሓጢኣት ከኣ ኣይትግበሩ። ኣብቲ ዅራኹም ጸሓይ ኣይትዕረብኩም።

[**27**](https://www.betezion.com/bible-passage-adis?book=eph&chap=4&v=tig)ንድያብሎስ ከኣ ስፍራ ኣይትሃብዎ።

[**28**](https://www.betezion.com/bible-passage-adis?book=eph&chap=4&v=tig)እቲ ዝሰረቐ፡ ነቲ ስኡን ዜማቕሎ ምእንቲ ኺህልዎስ፡ ጽቡቕ እናገበረ ደኣ በእዳዉ ይጽዓርእምበር፡ ደጊምሲ ኣይስረቕ።

[**29**](https://www.betezion.com/bible-passage-adis?book=eph&chap=4&v=tig)እቲ ንሰማዕቱ ንበረኸት ዚኸውን፡ ንምህናጽውን ዜድሊ ሰናይ ዘበለ ዘረባ ደኣ ተዛረቡ እምበር፡ ዘይጠቅም ዘረባስ ካብ ኣፍኩም ኣይውጻእ።

[**30**](https://www.betezion.com/bible-passage-adis?book=eph&chap=4&v=tig)ነቲ ንመዓልቲ ምድሓን እተሐተምኩምሉ ናይ ኣምላኽ መንፈስ ቅዱስ ኣይተጕህይዎ።

[**31**](https://www.betezion.com/bible-passage-adis?book=eph&chap=4&v=tig)ብዘሎ መሪርን ነድርን ኵራን ታዕታዕን ጸርፍን ምስ ኵሉ ኽፍኣት ዘበለ ካባካትኩምይርሐቕ።

[**32**](https://www.betezion.com/bible-passage-adis?book=eph&chap=4&v=tig)ግናኸ ከምቲ ኣምላኽ ብክርስቶስ ይቕረ ዝበለልኩም፡ ንሓድሕድኩም ተላዋህትን ተዳናገጽትንኴንኩም፡ ይቕረ ተባሃሀሉ።

[**1**](https://www.betezion.com/bible-passage-adis?book=eph&chap=5&v=tig)ደጊም ከም ፍቁራት ውሉድ ሰዓብቲ ኣምላኽ ኩኑ።

[**2**](https://www.betezion.com/bible-passage-adis?book=eph&chap=5&v=tig)ከምቲ ክርስቶስ ዘፍቀረኩም፡ ነፍሱውን መባእን መስዋእትን ገይሩ ንኣምላኽ ንምዑዝ ጨናበጃና ዘሕለፈ፡ ከምኡ ብፍቕሪ ተመላለሱ።

[**3**](https://www.betezion.com/bible-passage-adis?book=eph&chap=5&v=tig)ከምቲ ንቕዱሳን ዚግባኦም ምስጋና ደኣ እምበር፡ ምንዝርናን ኵሉ ርኽሰትን ወይስ ስስዔ ከቶኣይሰማዕኩም።

[**4**](https://www.betezion.com/bible-passage-adis?book=eph&chap=5&v=tig)ዜሕፍር ወይስ ዘረባ ዕሽነት ወይስ ዘይግባእ ዋዛውን ኣይሰማዕኩም።

[**5**](https://www.betezion.com/bible-passage-adis?book=eph&chap=5&v=tig)ኣመንዝራ ዘበለ፡ ወይ ርኹስ፡ ወይ ስሱዕ፡ ንሱ ድማ መምለኽ ጣኦት፡ ኣብ መንግስቲክርስቶስን ኣምላኽን ርስቲ ኸም ዜብሉ ትፈልጡ አሎኹም።

[**6**](https://www.betezion.com/bible-passage-adis?book=eph&chap=5&v=tig)ብሰሪ እዚ ኣብቶም ደቂ ዘይምእዛዝ ቍጥዓ ኣምላኽ ይወርድ እዩ እሞ፡ ሓደ እኳ ብኸንቱዘረባ ኣየስሕትኩም።

[**7**](https://www.betezion.com/bible-passage-adis?book=eph&chap=5&v=tig)እምብኣርሲ ምሳታቶም ሕብረት ኣይሃሉኹም።

[**8-10**](https://www.betezion.com/bible-passage-adis?book=eph&chap=5&v=tig)ፍረ ብርሃን ብሰናይ ዘበለን ብጽድቅን ብሓቅን እዩ፡ ቀደም ጸልማት ኔርኩም ኢኹም እሞ፡ብጐይታ ግና ሕጂ ብርሃን ኢኹም፡ ንጐይታ ዜሐጕሶ እናመርመርኩም፡ ከም ደቂ ብርሃንኴንኩም ተመላለሱ።

[**11**](https://www.betezion.com/bible-passage-adis?book=eph&chap=5&v=tig)ግንሕዎም ደኣ እምበር፡ ነቲ ፍረ ዜብሉ ግብሪ ጸልማትሲ ኣይትሕበርዎ።

[**12**](https://www.betezion.com/bible-passage-adis?book=eph&chap=5&v=tig)እቲ ብኣታቶም ብሕቡእ ዚግበር ንምዝራቡ እኳ ነውሪ እዩ።

[**13**](https://www.betezion.com/bible-passage-adis?book=eph&chap=5&v=tig)ግናኸ እቲ ግሁድ ዘበለ፡ ንሱ ብርሃን እዩ እሞ፡ ኵሉ ዚግናሕ ዘበለ በቲ ብርሃን ይገሃድእዩ።

[**14**](https://www.betezion.com/bible-passage-adis?book=eph&chap=5&v=tig)ስለዚ ኸኣ፡ ኣታ ደቂስካ ዘሎኻ፡ ንቓሕ እሞ ካብ ምዉታት ተንስእ፡ ክርስቶስ ከኣኬብርሃልካ እዩ፡ ይብል።

[**15-16**](https://www.betezion.com/bible-passage-adis?book=eph&chap=5&v=tig)እምብኣርሲ ቕንያቱ ኽፉእ እዩ እሞ፡ ጊዜ ዓዲግኩም፡ ከም ለባማት እምበር፡ ከምዓያሱ ዘይኰነ ኸመይ ብጥንቃቐ ኸም እትመላለሱ፡ ተመልከቱ።

[**17**](https://www.betezion.com/bible-passage-adis?book=eph&chap=5&v=tig)ምእንትዚ እቲ ፍቓድ ጐይታ እንታይ ምዃኑ ኣስተውዕሉ እምበር፡ ዓያሱ ኣይትኩኑ።

[**18-19**](https://www.betezion.com/bible-passage-adis?book=eph&chap=5&v=tig)ዝርገት አለዎ እሞ፡ ብወይኒ ኣይትስከሩ። ግናኸ ብመዝሙርን ምስጋናን ብመንፈሳዊ ቕኔንብልብኹም ንጐይታ እናተቐኔኹምሉን እናደረስኩምሉን ንሓድሕድኩም እናተዛራረብኩምን፡መንፈስ ይምላእኩም።

[**20**](https://www.betezion.com/bible-passage-adis?book=eph&chap=5&v=tig)ንኣምላኽን ነቦን ስለ ኵሉ ነገር ብስም ጐይታና የሱስ ክርስቶስ ኵሉ ሳዕ እናኣመስገንኩምዎ፡

[**21**](https://www.betezion.com/bible-passage-adis?book=eph&chap=5&v=tig)ንሓድሕድኩም ብፍርሃት ክርስቶስ እዙዛት ኩኑ።

[**22-23**](https://www.betezion.com/bible-passage-adis?book=eph&chap=5&v=tig)ከምቲ ክርስቶስ ርእሲ ማሕበሩ ዝዀነ፡ ንሱ ምድሓን ስጋኡ ኸኣ እዩ፡ ሰብኣይ ከኣርእሲ ሰበይቱ እዩ እሞ፡ ኣትን ኣንስቲ፡ ከም ንጐይታ ጌርክን ንሰብኡትክን ተኣዘዛኦም።

[**24**](https://www.betezion.com/bible-passage-adis?book=eph&chap=5&v=tig)ከምቲ እታ ማሕበር ንክርስቶስ እትእዘዞ፡ ከምኡ ድማ ኣንስቲ ንሰብኡተን ብዅሉይተኣዘዛኦም።

[**25-27**](https://www.betezion.com/bible-passage-adis?book=eph&chap=5&v=tig)ከምቲ ክርስቶስ ንማሕበሩ ዘፍቀራ፡ ኣቱም ሰብኡት፡ ኣንስትኹም ኣፍቅሩ። ክርስቶስብቓሉ ገይሩ ብምሕጻብ ማይ ምስ ኣጽረያ ምእንቲ ኪቕድሳ፡ ርስሓት ወይስ ዕጣር ወይስ ገለነዚ ዚመስል ዜብላ፡ ብዘይ መንቅብ ቅድስትን ክብርትን ማሕበር ገይሩ ንእኡ ምእንቲ ኬቕውማኢሉ፡ ርእሱ በጃኣ ሃበ።

[**28**](https://www.betezion.com/bible-passage-adis?book=eph&chap=5&v=tig)ሰብኡትውን ከምኡ፡ ነተን ኣንስቶም ከም ስጋኦም ገይሮም ኬፍቅርወን ይግባኦም እዩ።

[**29-30**](https://www.betezion.com/bible-passage-adis?book=eph&chap=5&v=tig)ሰብ ንስጋኡ ይምግቦን ይካናኸኖን እምበር፡ ሓደ እኳ ዚጸልኦ የልቦን። ኣካላት ስጋኡ ስለዝዀንና፡ ክርስቶስ ከምኡ ንማሕበሩ ይካናኸና አሎ።

[**31**](https://www.betezion.com/bible-passage-adis?book=eph&chap=5&v=tig)ስለዚ ሰብኣይ ኣቦኡን ኣዲኡን ሐዲጉ ምስ ሰበይቱ ይለግብ፡ ክልቲኦምውን ሓደ ስጋ እዮም ዚዀኑ።

[**32**](https://www.betezion.com/bible-passage-adis?book=eph&chap=5&v=tig)እዚ ምስጢር እዚ ዓብዪ እዩ፡ ኣነ ግና ብናይ ክርስቶስን ማሕበሩን እብሎ አሎኹ።

[**33**](https://www.betezion.com/bible-passage-adis?book=eph&chap=5&v=tig)ንስኻትኩምውን ከምኡ ነፍሲ ወከፍኩም ነታ ሰበይቱ ኸም ነፍሱ ገይሩ የፍቅራ፡ እታሰበይቲውን ንሰብኣያ ትፍርሃዮ።

[**1**](https://www.betezion.com/bible-passage-adis?book=eph&chap=6&v=tig)ኣቱም ውሉድ፡ እዚ ቕኑዕ እዩ እሞ፡ ንወለድኹም ብጐይታ ተኣዘዝዎም።

[**2**](https://www.betezion.com/bible-passage-adis?book=eph&chap=6&v=tig)ኣቦኻን ኣዴኻን ኣኽብር፡

[**3**](https://www.betezion.com/bible-passage-adis?book=eph&chap=6&v=tig)ጽቡቕ ኪዀነልካ፡ ኣብ ምድሪውን ዕድሜኻ ኺነውሕ፡ እዚ ተስፋ ዘለዎ ቐዳማይ ትእዛዝ እዩ።

[**4**](https://www.betezion.com/bible-passage-adis?book=eph&chap=6&v=tig)ኣቱም ኣቦታትውን፡ ነቶም ውሉድኩም ብናይ ጐይታ ተግሳጽን ምዕዶን ደኣ ኣዕብይዎምእምበር፡ ኣይተዀርይዎም።

[**5**](https://www.betezion.com/bible-passage-adis?book=eph&chap=6&v=tig)ኣቱም ግዙኣት፡ ነቶም ብስጋ ጐይቶትኩምሲ ብፍርሃት ብምንቅጥቃጥን፡ ብገርህነት ልብኹምከም ንክርስቶስ ጌርኩም፡ ተኣዘዝዎም።

[**6**](https://www.betezion.com/bible-passage-adis?book=eph&chap=6&v=tig)ከም ግዙኣት ክርስቶስ ኴንኩም ነቲ ፍቓድ ኣምላኽ ካብ ልቢ እትገብርዎ ደኣ እምበር፡ንሰብ ባህ ከም እተብሉ ብገጽርኤ ኣይኰነን።

[**7**](https://www.betezion.com/bible-passage-adis?book=eph&chap=6&v=tig)ንሰብ ዘይኰነስ ከም ንጐይታ ጌርኩም ብፍታው ተገዝኡ።

[**8**](https://www.betezion.com/bible-passage-adis?book=eph&chap=6&v=tig)ባርያ ዀነ ጭዋ ዀነ፡ ነፍሲ ወከፍ ሰናይ ዝገበረ ኻብ ጐይታ ኸም ዚቕበሎ፡ ፍለጡ።

[**9**](https://www.betezion.com/bible-passage-adis?book=eph&chap=6&v=tig)ኣቱም ጐይተትውን፡ ከምኡ ግበሩሎም፡ እቲ ጐይታኦምን ጐይታኹምን ኣብ ሰማይ ምህላዉ እሞ ኣብኡ ኣድልዎ ገጽ ከም ዜልቦ ፈሊጥኩም፡ ምፍርራህ ሕደጉ።

[**10**](https://www.betezion.com/bible-passage-adis?book=eph&chap=6&v=tig)ብዝተረፈስ፡ ኣሕዋተይ፡ ብጐይታን ብጽንዓት ሓይሉን በርትዑ።

[**11-12**](https://www.betezion.com/bible-passage-adis?book=eph&chap=6&v=tig)እቲ ቕልስና ምስ ሕልቅነትን ስልጣናትን ምስ ናይ ጸልማት ገዛእቲ ዓለምን ምስ መናፍስቲእከይን ኣብ ሰማያት እዩ እምበር፡ ምስ ስጋን ደምን ኣይኰነን እሞ፡ ንፍሕሶ ሰይጣን ምቅዋሙምእንቲ ኽትክእሉስ፡ ኵሉ ኣጽዋር ኣምላኽ ልበሱ።

[**13**](https://www.betezion.com/bible-passage-adis?book=eph&chap=6&v=tig)ስለዚ በታ እክይቲ መዓልቲ ምቅዋም ምእንቲ ኽትክእሉ፡ ኵሉ ምስ ኣስለጥኩምውን ደውክትብሉስ፡ ብዘሎ ኣጽዋር ኣምላኽ ኣልዕሉ።

[**14**](https://www.betezion.com/bible-passage-adis?book=eph&chap=6&v=tig)ደጊም ሕቜኹም ብሓቂ ተዐጢቕኩም ድርዒ ጽድቂውን ተኸዲንኩም ቁሙ።

[**15**](https://www.betezion.com/bible-passage-adis?book=eph&chap=6&v=tig)ነቲ ናይ ወንጌል ሰላም ምድላዉ ኣብ ኣእጋርኩም ከም ኣሳእን ኣእቲኹም ደው በሉ።

[**16**](https://www.betezion.com/bible-passage-adis?book=eph&chap=6&v=tig)ምስናይ እዚ ዅሉ ነቲ ናይቲ ኽፉእ ርሱን መንትግ ዘበለ ኸተጥፍኡሉ እትኽእሉ ዋልታእምነት ኣልዕሉ።

[**17**](https://www.betezion.com/bible-passage-adis?book=eph&chap=6&v=tig)ናይ ምድሓን ቍራዕ ርእሲ ኣእትዉ፡ ናይ መንፈስ ሰይፊውን፡ ማለት ቃል ኣምላኽ፡ ሐዙ።

[**18**](https://www.betezion.com/bible-passage-adis?book=eph&chap=6&v=tig)ብዅሉ ጸሎትን ልማኖን ኵሉ ሳዕ ብመንፈስ እናጸሌኹም እሞ፡ ምስናይ እዚውን ብኵሉእናተጸመምኩም፡ ስለ ዅሎም ቅዱሳን ብጸሎት ንቕሑ፡

[**19**](https://www.betezion.com/bible-passage-adis?book=eph&chap=6&v=tig)ምእንታይውን፡ ኣፈይ ምስ ከፈትኩስ፡ ነቲ ምስጢር ወንጌል ብትብዓት ክነግር ቃልኪውሃበኒ፡

[**20**](https://www.betezion.com/bible-passage-adis?book=eph&chap=6&v=tig)ብዛዕባይ ብመቝሕ እተኣሰርኩ ልኡኽ እየ እሞ፡ ከም ዚግብኣኒ ዀይነ ንምዝራብ ብእኡኽተብዕ፡ ጸልዩለይ።

[**21**](https://www.betezion.com/bible-passage-adis?book=eph&chap=6&v=tig)ግናኸ ንስኻትኩም ህልዋተይ ከመይ ከም ዘሎኹ ምእንቲ ኽትፈልጡ፡ ትኪቆስ፡ እቲ ፍቁርሓወይን ብጐይታውን እሙን ኣገልጋልን፡ ኵሉ ኺነግረኩም እዩ።

[**22**](https://www.betezion.com/bible-passage-adis?book=eph&chap=6&v=tig)ወሬና ምእንቲ ኽትፈልጡን ልብኹም ኪጸናናዕን እየ ናባኻትኩም ዝሰደድክዎ።

[**23**](https://www.betezion.com/bible-passage-adis?book=eph&chap=6&v=tig)ሰላምን ፍቕርን ምስ እምነት ካብ እግዚኣብሄር ኣቦናን ካብ ጐይታና የሱስ ክርስቶስን ነሕዋት ይኹን።

[**24**](https://www.betezion.com/bible-passage-adis?book=eph&chap=6&v=tig)ምስቶም ንጐይታና የሱስ ክርስቶስ ብዘይሐልፍ ዜፍቅርዎ ዅሎም ጸጋ ይኹን።

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